



# Friends of North Saanich Parks

## 2025 Annual Report

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## Executive Summary

In 2025 FNSP was active in fifteen parks and one trail. We added Noble Garden to our roster of parks, with two events held there in 2025. Eight of these parks are in the monitoring phase; meaning we are keeping the invasion at bay, and we need to return only once or twice a year to remove a few invasive plants that pop-up. As well, FNSP has undertaken active ivy removals in two other parks; Blue Heron Park is a vehicle for middle and secondary students to experience outdoor educational opportunities, and Horth Hill is another opportunity for community outreach, engagement and education. As Sharon H. so wisely said in 2019, “All removals are good removals.”



*Volunteers hard at work in Green Park*

Over the course of 2025, FNSP:

- Ran 38 Saturday events, removing 239 cubic metres of invasive plant material
- Ran four weekday Horth Hill Park events
- Ran 68 pop-up events during the week
- Ran seven Educational events at Blue Heron Park with the North Saanich Middle school and Parkland High School
- Worked a total of 4,060 hours on invasive plant removals and restoration in 15 parks and 1 trail. Using the metric of \$20/hour, equates to more than \$80,000 of value delivered by FNSP
- Volunteers contributed 727 administrative/support hours; repairing equipment, writing reports, coordinating volunteers, etc.
- Removed 10 bags of litter from the parks we worked in, not including – barbed wire and many large discarded items such as bikes and engine components. The District Parks Department removed this waste. Additionally eight bags of garbage were removed from Blue Heron Park, which the Mary Winspear Centre took care of. As well, an unmeasured amount of recyclable items were cleaned and recycled.
- Contracted Ken Marr to write a “Floristic Inventory of Select North Saanich Parks”.
- Engaged Shukooh Goodarzi through the University of Victoria’s Sustainability Scholar Program to write “BC Incentives for Ecosystem Conservation and the North Saanich Municipality”.
- Referencing the above two documents and her own work and research, Sharon Hope was able to write “Forest Ecosystem Conservation and Habitat Quality in Selected Municipal Parks and Private Lands, North Saanich, BC.” All three of the aforementioned documents have been posted on FNSP’s website and were shared with the District of North Saanich.
- Established a native plant nursery for restoration purposes
- Added a “Learning About Ecology” series of seven bulletins to our website
- Held three educational in-servicing sessions for FNSP members
- Adopted a historical artifacts policy

- Circulated a number of presentations by Sharon H. Respectively, these educate us about best ecological practices and provide a glimpse into the past of our local area.



*A full bin full of invasive plant material*



*Diane hard at work on blackberry removal*

#### About our membership:

- We continue to grow, with membership numbers now at 223
- Of our membership, 57 volunteers were active at Events through the year
- Our youngest active volunteer was 11 years old and our oldest member was 88

#### In 2025, FNSP worked with:

- Three classes (117 students) with two teachers from Parkland Secondary School and one from North Saanich Middle School, in Blue Heron Park. This work took place over seven days throughout the school year. This is a joint venture between the District of North Saanich, the Mary Winspear Centre/Memorial Society, the schools and FNSP.

- The Society for Ecological Restoration/University of Victoria, once in May and once in June.
- The University of Victoria through their Sustainability Scholarship Program and their Environmental Restoration Studies program's making their plant drying ovens available to us for the most recent of FNSP's "Invasive Plant Presence in North Saanich Parks" studies
- Once with Peninsula Streams Society to aid them with their ongoing plans in/for Nymph Point
- The CRD volunteer team coordinating four Horth Hill Park invasive removal sessions
- The Saanich Peninsula Environmental Coalition, as a member organization
- Had three educational guest lecturers, an hour with Ann Nightingale from the Rocky Point Bird Observatory, on "Nesting Birds Coming Soon to a Forest Near You" about nesting birds in our parks and how to work around them in a beneficial manner; an hour with Matt Fairbarns from the Castillja Conservation Society discussing invasive plants and native plant species propagation, and three hours with Jan Vanden Bos, an advanced care paramedic, whose course was called "Stop the Bleed; Wildlife First Aid", which gave us new and up-to-date First Aid information and demonstrations in four differing scenarios.
- The Metchosin Invasive Species Cooperative (MISC). FNSP was invited to a public lecture they hosted on holly trees and the chemically altered soils they create. MISC shared their video recording of this lecture with FNSP membership afterwards.
- District of North Saanich staff regarding the Parks Master Plan process as well as on various other topics; picking up all the bins of invasive materials that FNSP filled; removal of large debris and discarded items found in the parks; donating a sharps container; and dropping off a load of soil for FNSP to distribute in Lillian Hoffar Park.



*Hard at work on a rainy day in Denham Till Park*

*Shiny geranium removal in Bluebell Park*

Things that worked well for us this year were:

- Having an Events Coordinator for the full year, courtesy of funding from the Victoria Foundation. This enabled us to put more hours into park restoration and collaborate with more “sister” organizations. This position also enables our Board to work better collectively, bringing order, enabling planning and visioning to be part of our meetings.
- Having pamphlets, business cards, social media and a website allowed for increased community awareness about FNSP and invasive plants, which in turn allowed the community to reach out to us with questions and, when interested, join our ranks.
- Having a day at the North Saanich Farm Market with pamphlets, resource books and our FNSP banner, to answer questions and establish greater awareness amongst North Saanich residents about invasive plants and FNSP’s activities

- Continuing to strengthen the Park Stewards structure within FNSP, trying to take time to spend with them in their parks, listening to their thoughts and recommendations for their parks.
- Having guest lecturers; educational in-servicing for volunteers and members who are able to join us is always a beneficial activity, broadening our knowledge and making our work better within the parks.
- Being able to contract Ken Marr to compile a plant survey of parks. The knowledge in his report is gold for the future, but also, brought to our attention five other new invasive plants that FNSP needs to address , starting with Shiny Geranium
- Working with the CRD at Horth Hill has begun to reduce the amount of ivy and has enabled us to meet, educate and engage with more community members and park users about invasive plants
- Not holding events in hot, dry, potentially wasp infested parks in the summer
- Rotating of work in cooler parks during peak summer months
- Providing a first aid course to FNSP membership to enable us to provide a safer environment in which to conduct our work



*FNSP information table at Deep Cove Market.*

Areas for improvement include:

- Park boundaries to be determined for more of the parks where we are active
- Again continuing to cope and flex with weather extremes. Last year, two of our Saturday Events and three of our weekday sessions were canceled, plus one Blue Heron Park opportunity with students was deferred due to snow and overly frigid temperatures.
- Try to have concerted planting/restoration times in the coming fall
- Continue to strengthen the Park Steward system within FNSP

- Recruit more active volunteers. If people only realized how satisfying this activity is!
- Try to use an even wider social media platform to engage and interest a greater portion of our community in the need for invasive plants removals, and for them to vicariously see the social interactions and enjoyments to be had.

In summary, it was another incredibly productive year! Many hands made light work in all areas of invasive plant removals, planting, research and outreach. Such progress is increasingly visible in all parks where we are active, and is steadily recognized and appreciated by the public at large. FNSP continues to dream of even more success.

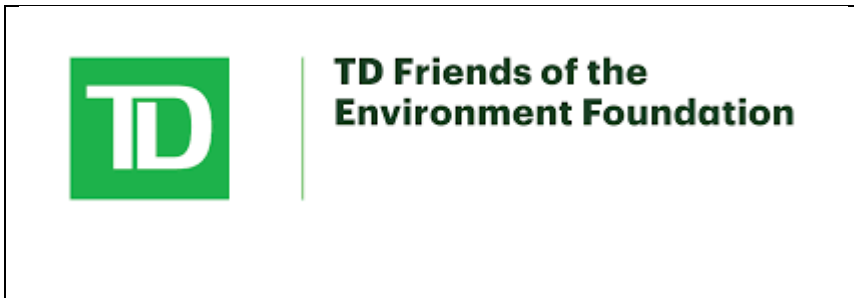
## Funding Sources

In 2025, FNSP gratefully received funding from:

- District of North Saanich



- TD Friends of the Environment Fund (TD FEF)





# Victoria Foundation

- Community Grants Program of the Victoria Foundation
- North Saanich Canadian Tire provided a discount on tool purchases that make our work possible.
- A number of private individuals.

Because of this funding, FNSP was able to:

- Employ a part time Events Coordinator, doubling up as an Administrative Coordinator
- Purchase and upgrade our tools
- Purchase two new, upgraded first aid kits to always have available when working in the parks
- Contract Ken Marr to conduct a plant survey of the parks.
- Purchase plants and native plant seeds for restoring areas where removals left the soil open and prone to further invasive plant germination.

The Friends of North Saanich Parks would like to thank all of our sponsors, whose support makes our work possible.

All reports produced using these generously provided funds are posted on the FNSP website, [www.fnsp.ca](http://www.fnsp.ca) under "Dig Deeper">"Documents". We hope that North Saanich residents will read these reports, derive better understandings about the parks we are active in, and possibly extrapolate information gleaned, into the greater local environment.



*Tim H., Sharon H. and Claire C. doing park assessments*



*Sharon H. counting daphne seedlings for our germination study*



*Ken Marr working on the plant inventory in Readings Park*

## R.O. Bull Park



FSNP's flagship park and the only park in our roster that includes nationally recognized old growth trees. R.O. Bull Park was the first park our group worked in and the first park to enter monitoring status.

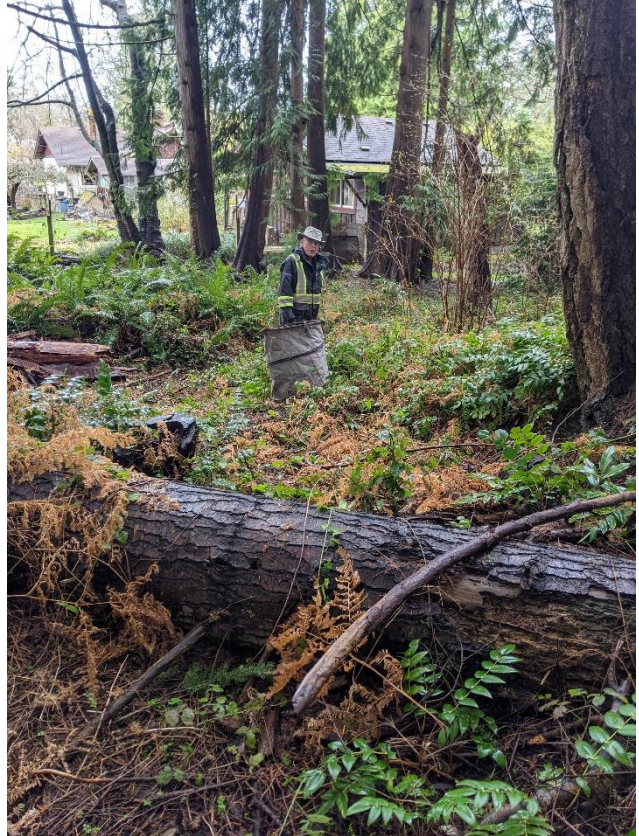


*Volunteers hard at work in the upper meadow at R.O. Bull Park*

In 2025, one removal event was held in March. This park saw a total of 28.5 hours of work.

Cyclamens and broom seedlings are increasingly the invasive plants dominating our removal efforts, mostly on the plateau. Note: Mid-March has been the ideal time to remove invasive plants, before the trilliums flower, cyclamens spread their seed pods, and broom seedlings to be tall enough to see.

However, with a warming climate and earlier emergence of plants, this may need to be moved back to early March, in years to come.



*Charlie S. on the hunt for English Ivy*

Thanks to Ken Marr's report, we now know that there are a number of invasive grasses in the Garry Oak meadow area, which should be attended to in the future.

## Lillian Hoffar Park



FNSP has been active in Lillian Hoffar Park since 2018. In 2025 this park didn't hold any Saturday scheduled events with 44 Wednesday afternoon sessions. A total of 501 hours were spent removing invasive plants in this large park. The *hoped for* monitoring stage has not been reached but will be achieved some time during 2026.



*Buttercup duty in Lillian Hoffar Park*

Because of the thinning canopy, extra attention was paid to the “new to us” invasives which were making inroads in the forested areas. Bluebells, buttercups, periwinkle, leopard’s bane, herb-robert, and Helleborine were either contained in heritage domestic flower beds or removed. FNSP appreciated the load of soil that Chad C. provided so that impoverished soils could be mulched, hopefully allowing them to hold moisture longer.

Ten donated plants and one large bag of native plant seeds were scattered in Lillian Hoffar Park in 2025



*Heading to work in Lillian Hoffar Park*

## Blue Heron Park



Blue Heron Park is owned by the Memorial Park Society and operated by the Mary Winspear Centre. In cooperation with them, Parkland High School, North Saanich Middle School and the District of North Saanich, we formally began to work in this park during the 2023/2024 school year.

In 2025, we worked over the course of seven days in this park, and together with dedicated FNPS individual undertakings, 343 hours were worked in this park. The areas where we have focused our efforts have had good clearance of ivy, each needing repeat sessions to get the deeper roots out. The classes engaged in these sessions have gained knowledge and appreciation of ecological needs, and have applied themselves well to the tasks at hand. The District of North Saanich kindly supplies us with a removal bin for these sessions, which the students often fill by day's end.



*Setup and ready to go at Blue Heron Park*



*Difference in forest understory, after and before student removal work of Ivy*



*Garbage cleanup is always a component of our work in Blue Heron Park*

## Denham Till Park



FNSP has been active in Denham Till Park since 2018. We held eight organized Saturday events at this park in 2025, totaling 269.5 hours of work. In 2025 we did restoration planting of three trees and two shrubs. These help to fill in the spots where invasive plant removals have left bare areas where further invasive germination may occur.

This year we focused our attention on the corners of the park. In the southwest corner and moving north we removed a large amount of ivy, hawthorn and Himalayan blackberry. In the northeast corner we made good progress on removing Himalayan blackberry. Generally, throughout the park, scattered regrowths were kept in check.



*Mark B. double hauling to the bin*

With plans to avoid this park during the hot, dry months, no wasp stinging situations were encountered. This park is exhibiting a few morning glory infestations, but ivy and Himalayan blackberry are still the dominant invasives present at this park.



*Ann Nightingale presents to the group in Denham Till Park*

We started 2025 off in Denham Till Park with a presentation from Ann Nightingale titled; “Nesting Birds — Coming to a Forest Near You”. It was a wonderful presentation that gave us greater knowledge of the avian friends that share the parks with us.

Due to Denham Till Park’s large size and the number of areas needing extensive attention, no estimate can be given as to when we expect this park to enter into the monitoring phase.



*Charlie S., Al M., and Suzanne R. removing Hawthorne in Denham Till Park*



*Another successful Denham Till Park event*

## Nymph Point Park



After almost five years of work, Nymph Point Park entered the monitoring phase in 2023. We held no events in this park in 2025. A steady stream of independent hours, 36 this year, have kept the invasives under control in this park throughout the year.



*Sweeping for broom seedlings at Nymph Point Park*

Daphne and broom seedlings continue to germinate, but at much lower levels than previously seen. Potato vine continues to be an invasive plant to keep our

eyes on, but importantly, poison hemlock seedlings have been repeatedly dealt with, not allowed to come anywhere near seeding, and so, have precipitously dropped in number. From Ken Marr's report, we learned that Nymph Point Park is one of six parks in FNSP's portfolio, which contributes the most to biodiversity. It has a greater number of species growing in it than Pavelic Park! Unfortunately, it also has a relatively high proportion of non-native species, primarily introduced grasses that dominate at the point.

## Gulf View Park



Gulf View Park is one of three very dry parks that FNSP works in. Our work in this park started in late 2019, and it was put into monitoring in 2023. There were no events held here in 2025.

As in Nymph Point Park, volunteers have pulled, counted and tracked the declining daphne germination rates in Gulf View Park.

While broom and daphne seedlings are the greatest concerns in this park, 2025 saw a huge jump in laurel seedlings. Enough to displace cyclamen into fourth place. Also, due to Ken Marr's report, bluebells, helleborine, herb-robert and nipplewort are now also on our radar, and will require assiduous attention. The invasive grasses he listed in the meadow area, are a concern for the future.



Spotted Coralroot (*Corallorhiza maculata* spp. *maculata*) returning to Gulf View Park



*Christine R. and Donnamae W. hard at work in the Camas meadow at Gulf View Park*

## Quarry Park



We commenced work in Quarry Park in 2018 and put it into monitoring in 2021. In 2025, we held no events. Ken Marr's report did mention Quarry Park as one of the six parks that contribute most to biodiversity.



*Native plants reclaiming a slope freed from daphne at Quarry Park*

As this park regains native vegetation it will become harder to spot ivy and laurel seedlings amongst the native blackberry tangles. So far, daphne seedling areas have been under dense tree canopy so they are easier to spot. In the basin, morning glory has taken hold and will occupy increasing time and energy.

## Green Park



Our efforts in Green Park were started in November of 2020 by Christine R. and a large group of neighbours. FNSP agreed to become an umbrella organization for them and their activities. The dedicated Green Park-ers, have put the northern section essentially into monitoring status in just over two years. This engaging group works independently, weekly, and the rest of FNSP tries to support their efforts by holding several Saturday events. From Ken Marr's report we learned that Green Park has the highest number of native species in the twenty parks surveyed. This is the second ranked of six parks in FNSP's portfolio which are important in the amount of biodiversity they preserve in North Saanich.

FNSP held eight events at Green Park in 2025. The local membership met to work 25 times, independently, during the year. The Green Park-ers together with FNSP, put 803 hours into the park and adjacent trails, making great progress. The Green Park-ers are the winners of the 2025's "Most Hours Worked" prize.



*Lunch break conclave*



*Removing a blackberry thicket in Green Park. Teamwork at its finest*

Trilliums have begun to flower in the northern section of the park. Unfortunately, morning glory has taken root in several areas, north and south. This park would also benefit from another major restoration/planting session as tree canopies continue to fail.

The southern half of the park has benefited from locating the boundaries. There is a lot left to do, but all the trees are freed from the grip of English ivy and most of the mature daphne has been taken out. Blackberries and other invasives are



*Green Park's new supervisor keeping a watchful eye      Anne Z. filling the bin with Himalayan blackberry*

still abundant in the southern half of the park and many events will be required to continue making progress here. No estimate can be made as to when this park may enter the monitoring phase.



*Another successful Green Park Friday session*

## Prentice Pond Park

Our work in Prentice Pond Park started in 2021. It is a small park that contained large amounts of ivy, holly and laurel, with periwinkle, and daphne also present. FNSP held one event in 2025, capitalizing on its leafy canopy during the hot summer months. A total of 26 hours were devoted to Prentice Pond Park. This park and its two adjacent trails achieved monitoring status late in 2024.



*A variety of grasses around the pond at Prentice Pond Park*

This park will continue to need attention paid to the many fallen trees from previous years. Future activities should be focused on invasive plant re-growth removals, especially any holly around the pond. Lamium will creep in along the northwest, ivy along the eastern border and blackberry along the southern fringe. New to FNSP invasive plants such as nipplewort, herb-robert, buttercup and helleborine will be sought out in the year to come.

## Sumac Park



Sumac Park is one of two parks added to our roster in 2023. It is a large park but is not overwhelmed by invasive plants. This year saw the addition of a number of new-to-FNSP invasive plants to our removal list, many of which appear in Sumac Park. FNSP held one Saturday event and three weekday pop-up events to begin dealing with those new plants in Sumac Park this year. The primary concern was shiny geranium which will be an ongoing issue in this park.



*Pulling shiny geranium at Sumac Park*

Sumac Park is in monitoring as of autumn 2024. A total of 25.5 hours were spent within its lovely boundaries. This park is one of six mentioned in Ken Marr's report as an important bio-diversity resource.



*Shiny geranium aftermath. This plant can't be composted so extra care is taken during removal and disposal*

## Reay Creek Park



This was our second year tackling the invasive plants in Reay Creek Park. It is a very good addition with its cooling streams, particularly during hot summer days.

We have put a large dent in the mass of Himalayan blackberry which exists seemingly everywhere. We have also focused on removing ivy from the trees, and pulling holly and adult daphne from under the canopy. Daphne plants and seedlings will keep us limber throughout 2026.



*A good day's haul of blackberry at Reay Creek Park*

We held seven events in 2025, including our Volunteer Appreciation Luncheon at the end of June. A total of 222.5 hours were worked in this park, with many more to come.



*Sharon H. speaking at Volunteer Appreciation Luncheon*



*Time for food at the Volunteer Appreciation Luncheon*

## H.M.S. Plumper Park



HMS Plumper Park is fairly new to FNSP's fold, added in the fall of 2023. The park is small, gently sloping, but with a steep drop at the water's edge. The park was completely overrun with ivy, in addition to containing several other invasives. FNSP held five events in 2025, with a total of 136 hours worked. From Ken Marr's report, this is the first of the six parks in FNSP's portfolio contributing most to biodiversity.

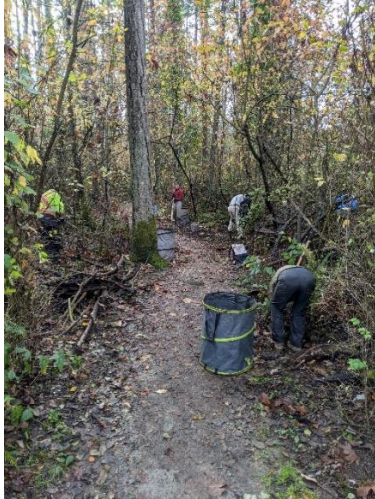
With the help of Curtis E., we began to remove some of the ivy from the steep slope leading down to the water. This area had been scheduled to have some restoration planting done in 2025 but that has been pushed back into 2026 due to time constraints.

All trees have had ivy removed from their trunks. Most of the ivy from the top slope has been removed. The lower slopes, hard going at the best of times, have the remaining ivy to contend with, which will make 2026 a most interesting year.



*Hard at work in HMS Plumper Park, from the left are Martine L., Sharon H., and Joan S.*

## Warrior Point Trail



In our second year working on Warrior Point Trail we continued pushing both north and south from the trail head on Towner Park Road. In 2025, we held 5 events, and worked 151 hours.



*Another productive day at the Warrior Pont Trailhead*

This is a long, narrow trail, with dense thickets of Himalayan blackberry, sporadic mats of English ivy, scattered daphne and a wide range of holly throughout. The length of the trail will be troublesome for carrying removals to disposal areas, especially from the southernmost point of the trail.



*Warrior Point never disappoints with the amount of removals*

## Readings Park



*Readings Park trail head on Hillgrove Road*

This is the third of FNSP's 2024 additions. It joined our ranks via memberships' votes. All of the usual invasive suspects exist here, though giant daphne, equal to those last seen years ago in Nymph Point Park, used to engulf the southern trail area. This park is one of the six mentioned in Ken Marr's report as contributing most to biodiversity.



*A field of adult daphne at Readings Park*

Through assiduous work by summer students two years ago and various FNSP individuals, this park and the trails leading up to Sumac Park and down to Hillgrove Road, did not need an event in 2025.

The park does require the occasional walkthrough to remove any regrowth and new germinations. Thank you to everyone involved.

## Sycamore Park



Sycamore Park was brought into the FNSP fold in the summer of 2024 and was brought into monitoring through the amazing efforts of the summer students, Tim H., Suzanne R., Joanne G. and Sharon H. that same year. Because of ongoing monitoring work done by Suzanne and Joanne, this park did not need any events in 2025. It will likely need some pop-up weekday work sessions in 2026 to deal with Himalayan blackberry regrowths, the seemingly unending buttercups and herb-robert. This park would benefit from some restoration plantings.



*Sycamore Park after invasive removals and distribution of woody debris*

Highview Park North has had a couple of walkthroughs and a shiny geranium removal session totalling 6.5 hours. Bluebell Park, although not yet in our portfolio, had three shiny geranium removal sessions for a total of 16 hours.

## Noble Garden



Noble Garden is the newest location added to our roster of parks. We worked here twice in 2026 with our inaugural visit on July 25. Some highlights of our first year included liberating a large tree from a suffocating amount of English ivy and clearing the invasive plants along the northern border of the property. Over the course of our events we worked 52 hours. Moving forward we will continue to target our work under the guidance of the tireless garden supervisor Penny G.



*Noble Garden tree before and after removal of English ivy*

## Chairperson's Message



*Anne Z. hunting ivy in HMS Plumper Park*

Hello Friends,

An Annual Report affords the luxury of looking back and basking in past accomplishments. More importantly, it helps with focusing thoughts regarding future plans and endeavours. Such has it been again. All the stats presented are: more (4060 hours in 2025, vs. 3024 in 2024); larger (work in 15 parks, one trail, and two other non-District of North Saanich Parks) and greater (more members and more volunteers taking part in removals) than those of previous years. But it is the visuals that simply and easily reveal the fuller story. Walking through all of FNPS's parks, it is clear to see how much beautiful work has been accomplished. The parks we've worked in, the places we've completed and put into monitoring, all look mighty fine to my eyes. Thank you and hats off to everyone; you've done superb, good work, in difficult places, and you've done it really, really well. As Christine R. said, "We've made it better!"

But, looking around, the sights of dead and dying cedars and many stressed conifers also force one to think about the future. We need to be more aware of and cherish all the biodiversity we have, and enable more and more of it to thrive. We need to put more attention to replanting and restoration sessions. And above all, we need to get more of those invasive plants removed and controlled, and to keep monitoring. Noses to the grindstone, folks. Let's continue to seize the opportunities to do what we can, when we can, and as best as we can.

Personally, one of the most important things FNSP undertook, was that of contracting Ken Marr, to write his "Floristic Inventory of Selected North Saanich Parks". Of course I learned a lot while walking through the parks with him. It is what he wrote afterwards, that has left a strong impression:

"The relatively high proportion of plant species that occur in five or fewer of the 20 parks that were visited, highlights the fact that *every park is valuable in terms of protecting species diversity* [italics mine]. Furthermore, even relatively small parks harbour as many species as the larger parks. Because every individual plant is genetically unique, *it is important to not only conserve representation of each species, but also to conserve as many individuals as possible of each species* [italics mine]. Maintenance of within-species genetic diversity buffers against changes in the environment such as precipitation, temperature and various pathogens, i.e. insects, fungi and viruses. While some individuals may die, the greater the genetic diversity of any population, the greater the likelihood that some individuals will have a genetic composition that will allow them to survive and leave offspring.

"Unfortunately many non-native species are also present, though not all are invasive. That being said, *the wonderfully dedicated effort by the volunteers of the Friends of North Saanich Parks* [italics mine], to remove invasive shrubs as well as herbaceous species is inevitably contributing to the restoration of these parks and eventually one would expect that native species will have more space to occupy and perhaps additional native species will arrive."

With Ken's report and the UVic Sustainability Student Shukooh Goodarzi's study "BC Incentives for Ecosystem Conservation and the North Saanich

Municipality", Sharon H. was able to build upon them and write "Forest Ecosystem Conservation and Habitat Quality in Selected Municipal Parks and Private Lands, North Saanich, BC." There is much to chew on here. It has been a productive year in the information arena for FNSP, too.

Finally, to review a year, by default makes one realize how many parts have come together to make the greater one, FNSP, tick and hum along as well as it has. Therefore it is incumbent upon me to begin the list of thank-you's:

- Thanks to all the members on our mailing lists and all the volunteers who are able to come out to join us in our invasive plant removal efforts. YOU make things beautiful and do it with grace, good humour and elan.
- Unending kudos to those who mend and repair tools, write grants, make and put up posters. You are the secret sauce which allows FNSP to be so awesome!
- The District of North Saanich continues to be our first, major and most stable funder. FNSP is grateful.
- A special tip of the hat to Chad C. of the District, who reads and replies to emails, meets with us, and continues to provide bins to take away all our hard-fought invasive plant debris.
- Thank you as well and wholeheartedly to all of our other funders, be they private, in-kind corporate or granting agencies. One of the reasons our stats have leap-frogged the way they have, is because of them.
- Last but not least, FNSP is fortunate to have a fine, passionate and service-oriented Board of Directors. Each and everyone comes to the table prepared to make things work, work better, and then to make things work *even better-er!* The good humour they have is indisputable and indispensable. Thank you, each and all, always.

- Now, looking forward to 2026, I remain yours truly,

Anne Zerrath, ready to "Keep on keepin' on". (Curtis Mayfield quote. )